

A Moment of Self Reliant Wisdom

Topic: **Accidental Poisoning**

Learning objective: Family shall identify a poison victim and know what to do if someone has been poisoned by mouth, through the skin or through inhalation, and recognize the safety precautions in caring for a person who has come in contact with a poison or toxic substance.

Before Poisoning

- ❖ Place poison control number near the phone
- ❖ (1-800-222-1222).
- ❖ Be aware of all potential hazards in your home or place of business.
- ❖ Read labels on products suspected to be toxic.
- ❖ Do not leave children alone or unattended.
- ❖ Never call medicine or vitamins “candy”.
- ❖ Teach children to ask before putting anything in their mouth
- ❖ Keep activated charcoal on hand and know how to use it.

After Poisoning

- ❖ Stay calm
- ❖ Call the poison control center at 1-800-222-1222.
- ❖ Follow Poison Control Center’s Instructions (Stay Calm!)

Inhalation Poisoning (Toxic substance inhaled.)

- ❖ Immediately get the victim to fresh air.
- ❖ Avoid breathing vapors or fumes.
- ❖ Have someone call 9.1.1 and monitor victim’s condition.

Poison on the Skin

- ❖ Remove contaminated clothing.
- ❖ Read label on toxic materials container.
- ❖ Call 9.1.1 and Poison Control

Poison in the Eye

- ❖ Flood eye with warm or tepid water from a clean container from two or three above the eye.
- ❖ Repeat process for 15 minutes
- ❖ Call 9.1.1 and Poison Control

Ingested Poison (Swallowed)

- ❖ Do not give the victim anything to eat or drink.
- ❖ Call 9.1.1 and Poison Control



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